

Find out how to become a whole brain thinker and leader?

Have you ever asked yourself why is it that some people think and operate differently at work, home and socially?

For example: at work they are task focussed, matter of fact with no time for people and seen as a real autocrat, whilst elsewhere they are laid back, really good with family and friends and have lots of new ideas, but their partner has been asking them for months to mend a fence!

We invite you to come and experience 'Enabling Mindsets' for the answer.

What is it?

Rooted in Nobel prize winning neuroscience and the HBDI[®], the model is a metaphor of left and right brain processing blended with strategic and operational thinking that produces four domains of **analysing**, **synthesising**, **organising** and **relating**. In a specific context **we tend to prefer** two styles more than others which means we could be described as "half brained"!

It is a way of exploring why we see the world one way when others see it differently and how this interacts with the larger system. It allows us to better understand topics like these:

- Differences at personal and team levels
- Differences in strategy

- How to better influence key players
- How to increase flexibility and fluency

Why engage?

The world is increasingly complex and uncertain. We are bombarded with increasing amounts of data, information and knowledge every single day: at work, at home or elsewhere. To make sense of this huge amount of data, we employ filters to create mental maps or mindsets using them to communicate our interpretations to others. When these came into existence, often earlier in our life, they worked well so we keep on using them. Some of these filters dominate our thinking – hence "brain dominance".

Other people develop their own mindsets. So, when other peoples' maps are different it is hard to create a coherent and integrated strategy to respond to change. With this pace of change, we sometimes find our mental maps let us down – perhaps we don't always yet achieve what we wish or expect. It might be that we are not using all our abilities and could be described at work as a half-brained manager? Some quotes to illustrate:

Albert Einstein: "No problem can be solved with the same consciousness that created it." "Today's problems are yesterdays' solutions"

Steve Gorton: "When organisations have a vision and the skills, why is it that change works as initially planned only 10% of the time?"

Thomas Edison "If there is a better way to do it..... then find it"

So What?

All this means it is easier to manage and lead when we recognise our Mindsets and thinking and operating preferences. As we develop our ways of thinking we open up a whole new world of possibility and enhanced business performance. Doing so we enable ourselves to free up all sorts of opportunities and allow change to succeed in all sorts of innovative ways.

- **people** become easier to manage
- teams become easier to lead

• organisations find it easier to change and move forward

How would you like some practical tools to engage your whole brain?

To help you develop your mindsets for excellence we offer an individual assessment with a 34 page Enabling Mindsets workbook, Enabling Feedback – a 360 appraisal inventory and a range of further development resources around change, strategy etc plus bespoke workshops for your team. Some examples are illustrated below.

Now what?

To discuss how you can use these ideas and frameworks to become more whole brained why wouldn't you want to send an email to <u>info@enablingdevelopment.com</u> or call us on +44 (0) 7939 023285.



Thinking about change

Here are some ideas and prompts around exploring change through the lens of Enabling Mindsets.

Change can begin anywhere..... from a quantitative analysis, from an insight or from factors external to the organisation. All successful change initiatives require a range of styles of thinking.

The analysing quadrant	The strategising quadrant
To create organisational change we still ask "Where are you	We see what the picture is now and what it could be in the
now? Where do you want to go? How can you get there?	future. This calls for a <u>wider approach</u> , an ability to bring
We derive the starting position <u>factually</u> . We use <u>analytical</u>	the facts together and draw from these a portrait of an
<u>thinking</u> here, the ability to draw patterns from numbers	ideal. Seeing the larger picture begins to uncover the
and facts and to understand the implications.	<u>systemic linkages</u> that produce success.
The organising quadrant	The relating quadrant
The ideal is actualised. Moving from the present to the	People are changed through communication and influence.
ideal, available resources are put into a plan that achieves	This requires a <u>people-oriented thinking</u> style that
the outcomes. The <u>plan</u> has measurable targets, internal	understands how <u>values and beliefs become aligned</u> with
and external linkages and <u>performance indicators</u> so that	the change. Ownership, commitment and enthusiasm then
everyone knows it is on course.	become possible.

Success in change for the individual, the team or the whole organisation, involves every resource we have. I may prefer one approach to problem solving whilst another looks at the situation in a very different way. Effective change means we see the situation from every angle and every perspective.

- As individuals we strive to broaden our style of thought. •
- As teams we value and respect the diversity of opinion of our colleagues. •
- As organisations we use the unique point of view of each person in the team, the division and the organisation.
 - It is this flexibility and rigour of thinking that enables major advances in performance.

What resonates with you? What might you now approach in a different style? Where to you want to g

Strategising

Change is about moving

The "other" is seen and

places, many people.

Relating

from one place to another.

envisioned. This requires thinking

complete picture and pull together

the ideas and pictures from many

that can see a bigger picture, a

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Analysing

Where are you now? The starting point of change is understood. Here we need facts. What business model have we used? Do our workflows and processes support the intended change? Can the present architecture sustain the change?

Organising

How can we know when we have achieved our change outcomes. How can we re-align physical infrastructure and work flows to allow the change to work? How can our information systems be developed to aid the change process?

All change begins with what people do, what they want to do and how well they do it. To create the will to change involves rewards, individual learning and organisational development based on shared values and beliefs.

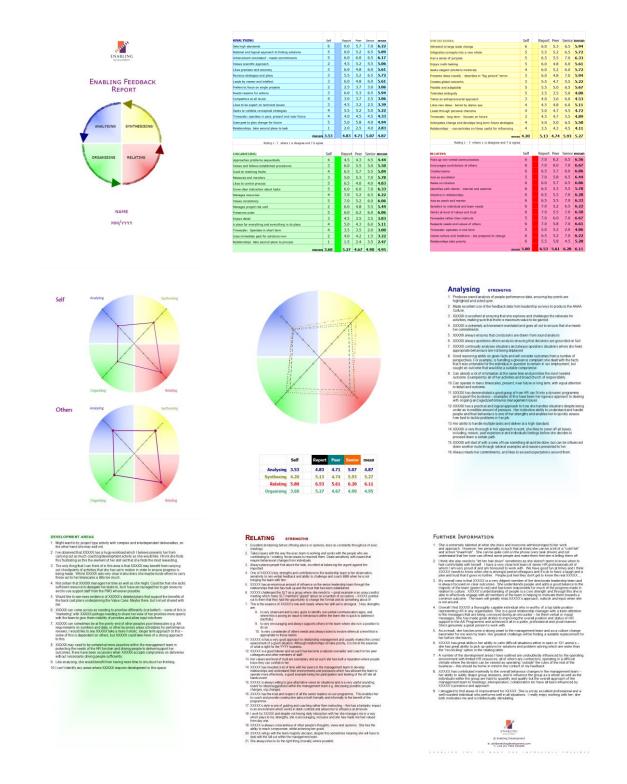
How can you get there?



Enabling Feedback 360 appraisal

The inventory is a great way to review and better understand how your thinking and operating styles and preferences come across to others and below are some of the pages from a typical report.

It includes quantitative information plus visual comparisons and qualitative statements from colleagues about both your strengths and areas for development. This adds the "So What" meaning and offers the "Now what" opportunity to develop themes and actions that will make a positive difference for the recipient. These themes inform and enrich the coaching journey outcomes.





Enabling Mindsets Workbook

Our Enabling Mindsets workbook complements your individual inventory or 360 appraisal process. The pages below offer a sample of the content. It is designed in four sections to enhance whole brain thinking:

- 1) to help you better appreciate the background to the concept
- 2) offer worksheets and ideas for your personal context
- 3) development activities focussed on the business environment
- 4) exercises to create your future, explore the values that influence your capabilities and behaviours plus more effectively influence key players.

